

# Victory Fitness/Fun 5K Walk

"From the Pews to the Pavement"

Saturday July 14, 2012



**Saturday July 14, 2012**  
Complete Runner  
915 S. Dort Hwy, MI 48503

**Jubilation**  
Refreshments and celebration after the walk at Mott Estate including Church Choirs

**Event**  
This is an untimed fun walk to promote interest in physical activity for active walkers, novices and those starting again. **Proceeds donated to participating local Church Wellness Ministries**

**Parking:**  
Citizens Bank  
905 S. Dort Hwy, MI 48503

**Registration:**  
\$10, Mail in/drop off applications and make checks payable to Complete Runner by July 12, 2012,  
\$12 after July 12

**Awards:**  
First, Second, Third Church with the Most Participants  
First, Second, Third over the Finish Line  
Youngest Participant  
Oldest Participant

**Late Registration and Shirt Pickup**  
Complete Runner  
June 13, 10:00 a.m. – 8:00 p.m.

**Sponsors:**



----- cut & mail -----  
Victory Fitness/Fun Walk

1 Church	<input type="text" value="If applicable"/>	2 Sex	3 Race Age	4 Birthdate (mm/dd/yy)	Official Use
5 First Name	6 Last Name				
7 Address					
8 City	9 State			10 Zip	
1 Phone	1 Shirt Size	1 Fee Enclosed			
(    )    -	S M L XL None	.00			
1 Signature of Release & Date (parent or guardian signature required for minors)					

**RELEASE:** I know that running/walking is a potentially hazardous activity. I should not run/walk unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of weather, traffic and road conditions, all such risks being known and accepted by me. Having read this release and having signed this entry form, I for myself and anyone entitled to act on my behalf, waive and release all promoters, representatives, agents, sponsors, municipalities, and participants from claims or liabilities of any kind from my participation in this event.